

G O D S P E L L

8th March 2020

ST. ANTHONY'S PARISH, CLONTARF

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Masses: St. Anthony's -Sundays 5.30pm Family Mass Vigil (Sat),
 10.00 am, 11.30 am., Weekdays: 7.45 am, 10 am
 St. John the Baptist- Sundays 6pm Vigil (Sat), 10 am, & 12.Noon
 Weekdays: 10.00am
 St. Gabriel's- Sundays 6pm Vigil (Sat), 10.30am, 6.00pm,
 Weekdays: 10.00am , Sat 10.30am

Baptisms/Weddings
 Baptisms held on second Saturday of each month at
 12.30 pm and last Sunday at 12.30pm.
 Weddings – Please contact priest directly
 Adoration of the Blessed Sacrament takes place every Tuesday
 from 10.30 am to 1.00 pm
 Confessions – Each Saturday following 10am & 7pm Masses



MASS INTENTIONS THIS WEEK

Sat. 5.30pm John O'Shea Month's Mind
 John O'Donoghue Anniv
Sun 10.00am Tommy Costello Anniv
 Martin Dully Anniv
. 11. 30am Dr Anne Clancy Anniv
 Eric Wilson Anniv
 Paddy Coleman Anniv
 Peggy O'Brien Anniv
Mon 7.45am Donor's Intentions
. 10.00am Celia Duffy Anniv
 Jimmy & Cathy Twohig Anniv
Tues 7.45am Special Exam Intention
. 10.00am Aidan Armstrong Rec Decd
Wed. 7.45am Vera Smith Rec Decd .
. 10.00 am Joseph & Bridget Flannagan Ani
Thur 7.45am Austin Stack Rec Decd
. 10.00am Tommy O'Halloran Rec Decd
Fri. 7.45am Donor's Intentions
. 10.00am Frank Lynn Rec Decd
.Sat 10.00am Eileen Fry Rec Decd.
. 5 .30pm Rosaleen & Patrick McGann Ani
Sun 11.30am Kate Clynes & Family Annivs
 Annie Greene Anniv

CPR COURSE

In arrangement with Clontarf Lions Club and the Irish Heart Foundation, we are organising a Free one hour CPR Course.

It is a simple skill that can save a Life. Also training or refreshing our skill in the use of a Defibrillator

It will take place in St Anthony's Church on **Saturday 21st March 2020** at 11.30am 1 hour course.

We hope to organise 3 one hour courses 11.30- 120-30 1pm - 2pm 2.30-3.30 pm Numbers are limited.

Please sign up at the parish office 01833 3459 Closing date is **13th March 2020** All are welcome.

A TRIP OF A LIFETIME

CLONTARF 3 PARISHES PILGRIMAGE TO THE HOLY LAND

We are hoping to organize a pilgrimage to the Holy Land. It is open to parishioners from all three Clontarf parishes and to others who may be interested. The pilgrimage is being organised by GTI Travel / Map Travel

Friday 16th October to Saturday 24th October.

Cost €1,839.00 per person sharing Please contact the parish office for further information

HSE CORONAVIRUS GUIDELINES FOR RELIGIOUS SERVICES

Copies of the HSE guidance for churches is available at the back of the Church. We would encourage you to read it.

Regarding attending Mass the following is recommended

* Do not use the Holy Water fonts at the doors of the Church

* Do not shake hands before, during or after Mass

* Holy Communion will be administered into the hand and **not** on the tongue

* Receiving from the Chalice will cease until further notice

* All Eucharistic Ministers to wash their hands before and after distributing Communion.

* Please use hand wash at the doors of the Church and deposit tissue in the bin provided

LÁ PHEILE PHADRAIG

Tuesday 17th March

is St Patricks Day

Masses will be at

7.00pm Vigil

10.00am & 11.30am

Shamrock will be blessed and distributed at all Masses.

Shamrock is free but should you wish to make a donation please contribute to the Trocaire Box beside the Baptismal font



SEASON OF LENT

The word Lent means Spring . A time to explore ways by which we grow in our faith and lives. . We may give up something or take up something that might nourish our Spirit and feed our Soul.

The following is a list of suggestions:

***Attend weekday Mass** at 7.45am or 10am

***Call into the church** during the day for a short time of reflection , prayer and peace.

***Exposition of the Blessed Sacrament** Tuesdays 10.30am to 1.00pm - a special time of prayer and reflection before the Blessed Sacrament. (try to commit to a period of time during Lent)

***Take a candle and Prayer leaflet** and sign up for a 15 minute prayer once a week at home

*** Take a Prayer Card** (A short prayer each day or one prayer to say every day)

***Parish Meditation Group** meet on Mondays from 8pm to 9pm in the Sacristy. All are welcome.

***Take a Trócaire Box** donate to the Third World. These are just some suggestions.

The choice is yours. It is an opportunity for Inner Transformation.

CHURCH GATE COLLECTION

A church Gate collection in aid of Apostolic Work will be held after **all masses this weekend**

They supply material help to priests and Nuns on Foreign Missions . Their primary objective is to supply Mass kits to priests.

REFLECTING ON OUR FAITH

Lenten Talks in

St John's Parish Centre Clontarf Road

Wednesday 1th March @ 7.30pm

Rev. Dermot Lane who is one of the foremost theologians in Ireland will talk on Ecology and Spirituality

FIRST COMMUNION MASS

We welcome the boys and girls who are receiving their First Holy Communion in May to the 5.30 Family Mass this Saturday.

This is their final preparation Mass and we ask you to keep them in your prayers

TROCAIRE

This Lent Trocaire is focusing on helping people in Kenya and Honduras.

This week we meet Alex's mother Madris Her special moment in the day is evening time when she can relax with her child Alex and his sister Jov-Faith

WEEK OF GUIDED PRAYER

22-28 March 2020

Through the office for Evangelisation and Ecumenism we have a number of Prayer Guides available to us who will facilitate a Week of Guided Prayer in our parish. Please see brochures at the back of the Church